



BREAKFAST

OMELETTE OR SCRAMBLE

Eggs or simple eggwhites of your choice with

PROTEIN: tofu / house-smoked bacon / smoked salmon

CHEESE: feta cheese / grated mozzarella

VEGETABLES & HERBS: sauteed mushrooms / sauteed tomatoes / avocado / bell pepper
/ basil / coriander / spinach / Thai chilli / red onion

TOAST: wholegrain & flaxseed sourdough bread / gluten-free / wholegrain bagel

House brew coffee, herbal or CBD infused or regular teas

330 THB

BUTTERMILK PANCAKES

A short stack of fluffy pancakes served with seasonal fruit, maple syrup and house-smoked bacon

House brew coffee, herbal or CBD infused or regular teas

280 THB

SMOOTHIE BOWL

Papaya & mango smoothie bowl with roasted coconut, chia and banana (VE)

190 THB

SIDES

Housemade granola, yogurt & seasonal fruit (V)

Seasonal fruit bowl, mint, honey, lime zest (V)

120 THB each

HEALTH BOOSTING SHOTS

Alkalizing apple cider vinegar, warm water & honey

Anti-inflammatory warm apple, ginger root & lemon

100THB each

MILK SHOTS

Our Tea & Coffee is served with semi-skimmed milk

unless you would prefer Oat, Almond or Coconut

40 THB each



BREAKFAST

SAMUI SUNRISE

Eggs of your choice with house-smoked bacon, pan-fried mushrooms & tomatoes in parsley butter,
bread basket with a larger all-butter croissant & wholegrain & flaxseed sourdough bread with raspberry jam,
wild mango jam, almond butter or dairy butter
House brew coffee, herbal or CBD infused or regular teas
400 THB

SABAI SABAI™ (V)

Eggs of your choice with smashed avocado and quinoa salsa,
bread basket with a large all-butter croissant & wholegrain & flaxseed sourdough bread with raspberry jam,
wild mango jam, almond butter or dairy butter
House brew coffee, herbal or CBD infused or regular teas
400 THB

THAI BROTH (KHAO TOM)

A comforting and non-spicy, traditional Thai broth, infused with spring onion, ginger and coriander
House brew coffee, herbal or CBD infused or regular teas
Chicken or Pork 230 THB
Local Snapper Fish or Prawns 270 THB

SIMPLE FRENCH (V)

A large all-butter croissant served with raspberry jam, wild mango jam, almond butter or dairy butter
House brew coffee, herbal or CBD infused or regular teas
250 THB

THE 'BAKED' BASKET (V)

A morning pre-roll, to your prescription, will accompany your breakfast of a bread basket with a large
all-butter croissant & wholegrain & flaxseed sourdough bread with Cannabis-infused dairy butter,
raspberry and wild mango jams
House brew coffee, herbal or CBD infused or regular teas
600 THB